

# Kirk Deighton Rangers Junior Football Club

“A Charter Standard Club”



## EMERGENCY ACTION PLAN

This document is intended to help deliver an effective medical response in the event of a player, coach, match official or spectator being injured or becoming ill whilst on our site(s) or hired pitches.

Club Pitches	Grange Park Sport Club – Old Boston Road, Wetherby, LS22 5NB		
High School Pitches	Wetherby High School, Hallfield Lane, Wetherby, LS22 6JS		
First Aider Information	All KRJFC managers and coaches hold a FA Emergency First Aid Certificate (as a minimum). They will be able to assist with a medical emergency. Please locate the nearest KDRJFC manager or coach should you require assistance.		
Defibrillators	<p><b>A Defibrillator is located :</b></p> <ul style="list-style-type: none"> <li>• Outside and the main entrance of the Grange Park Clubhouse and</li> <li>• The main entrance to the High School</li> </ul> <p>Instructions for their use are on the Defibrillator door and the unit itself is semi-automatic with audio instructions once user activated.</p>		
First Aid equipment	Team manager’s kit & medical bag.		
ACCESS ROUTES	<p><b>Grange Park Sports Club</b> For ambulance – Car Park in front of Grange Park Clubhouse and then with access via gate to field/pitches</p> <p><b>Wetherby High School</b> For ambulance – access via normal school bus access to front of building allowing parking adjacent to sports hall and all weather pitch</p>		
Nearest Hospital (A&E)	<p><b>Harrogate District Hospital</b> Lancaster Park Road, Harrogate, North Yorkshire, HG2 7SX Open: 24 Hours Phone: 01423 885959</p>		
Directions	<p><b>From Wetherby: Journey time approx. 20 mins</b></p> <table border="1" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <p><b>LS22 5NB</b> Wetherby</p> <ul style="list-style-type: none"> <li>&gt; Take Old Boston Rd to Boston Rd/A661 1 min (0.5 mi)</li> <li>&gt; Follow A661 to Lancaster Park Rd in Harrogate 16 min (8.1 mi)</li> <li>&gt; Continue on Lancaster Park Rd to your destination 1 min (0.2 mi)</li> </ul> <p><b>Harrogate District Hospital</b> Lancaster Park Rd, Harrogate HG2 7SX</p> </td> <td style="width: 50%; vertical-align: top;"> <p><b>LS22 6JS</b> Hallfield Ln, Wetherby</p> <ul style="list-style-type: none"> <li>&gt; Take Hallfield Ln, York Rd and Crossley St to W Gate/A661 4 min (0.8 mi)</li> <li>&gt; Follow A661 to Lancaster Park Rd in Harrogate 14 min (7.5 mi)</li> <li>&gt; Continue on Lancaster Park Rd to your destination 1 min (0.2 mi)</li> </ul> <p><b>Harrogate District Hospital</b> Lancaster Park Rd, Harrogate HG2 7SX</p> </td> </tr> </table>	<p><b>LS22 5NB</b> Wetherby</p> <ul style="list-style-type: none"> <li>&gt; Take Old Boston Rd to Boston Rd/A661 1 min (0.5 mi)</li> <li>&gt; Follow A661 to Lancaster Park Rd in Harrogate 16 min (8.1 mi)</li> <li>&gt; Continue on Lancaster Park Rd to your destination 1 min (0.2 mi)</li> </ul> <p><b>Harrogate District Hospital</b> Lancaster Park Rd, Harrogate HG2 7SX</p>	<p><b>LS22 6JS</b> Hallfield Ln, Wetherby</p> <ul style="list-style-type: none"> <li>&gt; Take Hallfield Ln, York Rd and Crossley St to W Gate/A661 4 min (0.8 mi)</li> <li>&gt; Follow A661 to Lancaster Park Rd in Harrogate 14 min (7.5 mi)</li> <li>&gt; Continue on Lancaster Park Rd to your destination 1 min (0.2 mi)</li> </ul> <p><b>Harrogate District Hospital</b> Lancaster Park Rd, Harrogate HG2 7SX</p>
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Nearest Walk in Centre	<p><b>Wetherby Health Centre</b> 42 Hallfield Lane , Wetherby, LS22 6JT Open: Monday to Friday - 8am to 6:30pm Saturday - 9am to 12midday Sunday - Closed Phone : 01937 522777</p>		