

COVID19 GUIDELINES - AT AND DURING SESSIONS

Please guide Children not to touch equipment e.g. cones and footballs. The focus should be on kicking the ball and limiting any touching of the ball with hands. Please help young children to understand this before they attend.

Please take notice of, and follow, the signposted 'one-way' system into and out of the facilities.

Please maintain social distancing at all times, e.g. in their own car, if they have one.

If your child needs to sneeze or cough, encourage them to do so into a tissue or upper sleeve and advise them to avoid touching their face.

Equipment should be handled as little as possible by as few people as possible. Where equipment is handled by more than one person, they should wash their hands immediately afterwards, taking care not to touch their mouth or face in the meantime.

For goalkeepers, it might be sensible for players to have their own individual ball for the session, with the frequent wiping of the ball with disinfectant wipes if it is being handled by more than one person.

Ensure your child has their own water bottle and their own hand sanitiser (alcohol based), both clearly marked with their name and they know how to cleanse their hands in line with Government guidance. They must not share these

If your child gets injured, a member of their household can aid them but others will still need to socially distance unless a life or limb-threatening injury necessitates breaking guidelines to provide emergency care.

If there is a first-aider or other medical personnel present, they should be equipped with the appropriate PPE to protect themselves and others if they need to break social-distancing guidelines to provide medical assistance.

If your child becomes symptomatic during the session, they should be immediately removed from the session and taken home as soon as possible. NHS guidance on further management of symptoms should be followed.

Your child may be asked by their coach or club to complete a self-check in advance or upon arrival at the activity. Self-checks are important to prevent transmission among people who are unaware that they are carriers of the virus. You should ask the activity provider what steps will be involved in any self-check.

AFTER THE SESSION

When the session is finished, children should be encouraged to leave the venue rather than congregate, avoiding congestion at gates or doors.

All participants should wash hands at the earliest opportunity using their own Alcohol based sanitiser. Personal equipment should be wiped down with a disinfectant. Playing kit bibs should be washed as soon as possible.

DISCLAIMER:

This guidance is for general information only and does not constitute legal advice or replace any Government or PHE advice; nor does it provide any specific commentary or advice on health-related issues. Affected organisations/persons should therefore ensure that they seek independent advice from medical practitioners, or healthcare providers, prior to implementing any return to football activity, as required. While efforts have been taken to ensure the accuracy of this information at the time of publication, the reader is reminded to check the Government website to obtain the most up-to date information regarding social distancing and any other Government measures.